



Community News



Vol. 6, No. 16 Serving the military and civilian community at DLIFLC, Presidio of Monterey and POM Annex Sept. 10, 1999

What's new:

DLIFLC federal, training holidays

The following dates have been designated federal holidays or training holidays for the Defense Language Institute Foreign Language Center and Presidio of Monterey:

1999

Oct. 11 – Columbus Day
Nov. 11 – Veteran's Day
Nov. 25 – Thanksgiving Day
Nov. 26 – Training holiday
Dec. 24 – Christmas Eve
Dec. 27 – Training holiday
Dec. 31 – New Year's Eve

2000

Jan. 3 – Training holiday
Jan. 17 – Martin Luther King Jr. Day
Feb. 21 – Washington's Birthday
May 26 – Training holiday
May 29 – Memorial Day
July 3 – Training holiday
July 4 – Independence Day
Sept. 1 – Training holiday
Sept. 4 – Labor Day

Next post-wide yard sale Saturday

The next post-wide yard sale is scheduled for Saturday, 10 a.m.-1 p.m. in the parking area off 8th Avenue and Joe Lloyd Way across from Self Help/Lawn Care Center.

Family violence is a crime, not just a family problem

Presidio of Monterey Police Department provides information about battered women

In California, it is a crime for any person to threaten, beat, sexually assault or otherwise harm another person, even if they are married.

Family Violence is more than just a "family problem," it is a crime.

Battering is not exclusively a crime against women, but they do constitute the majority of victims; thus this section is directed primarily to the battered wife or woman.

Although we have no statistics on the incidence of domestic violence, we do know that:

❑ Approximately 30 percent of female homicide victims in the United States are killed by their husbands or boyfriends.

❑ Females are much more likely than males to be killed by their spouse.

❑ Domestic violence affects at least one out of every four American families.

❑ From 1973 to 1981 the United States Department of Justice statistics reports that 2.2 million women reported abuse by a mate.

Why do they stay?

The most frequently asked question

concerning a battering situation is why does she stay? While reasons cover the range from children, love, guilt, fear, pride, embarrassment, financial dependence – or a combination thereof – it is very possible the woman is unaware she may be locked into a cycle of violence.

The family violence cycle consists of three phases: the tension-building phase, the acute-battering incident and the loving reconciliation.

During the tension-building phase the woman senses her mate's increasing tension. He is "edgy" and perhaps challenges her and tells her she is stupid, incompetent, etc. The woman may internalize her appropriate anger at the man's unfairness and experience physical effects such as depression, tension, anxiety and headaches. As the tension in the relationship increases, minor episodes of violence increase, such as pinching, slapping or shoving.

The tension-building phase ends in an explosion of violence: the acute-battering incident phase. The woman may or may not fight back. Following the battering, she is in a state of physical and psychological shock. The man may discount the episode and underestimate the woman's injuries.

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The Defense Language Institute Foreign Language Center and Presidio of Monterey **Community News** newsletter supplements the **GLOBE**, DLIFLC's linguist-focused monthly magazine. The **Community News** provides current information on local news and events for joint service military and Department of Defense civilian community members of DLIFLC, Presidio of Monterey and Presidio of Monterey Annex. Submit information or short articles of interest to the military community to the e-mail, fax or mailing address below. Individuals may submit classified ads for the POM-MART section to the same addresses.

Write, e-mail or fax information to:

**Defense Language Institute Foreign Language Center
Public Affairs Office (ATZP-PAO)
ATTN: Community News editor
Building 614, Room 142, Rasmussen Hall
Presidio of Monterey, CA 93944-5006**

Telephone: (831) 242-5104 or FAX: (831) 242-5464 / DSN 878)
MS Mail: **Wright, Renee** (Community News editor)
or E-Mail: **wrightr@pom-emh1.army.mil**

Command's hotline (Bossline) - 242-POST

Dial 242-POST or 242-7678 / MS Mail: **BOSSLINE** / E-mail: **Bossline@pom-emh1.army.mil**

The command's hotline is for you to call in, 24 hours daily, or MS Mail / E-Mail your thoughts, ideas, concerns, and complaints, to include helping the command spot security and safety problems on the Presidio or its Annex.

Deadlines for submitting information

Sept. 15 for the **Sept. 24** issue

Sept. 29 for the **Oct. 8** issue

Available on the World Wide Web:

The **Community News** and the **GLOBE** magazine can be accessed via computer/modem by selecting "Presidio of Monterey Home Page" <http://pom-www.army.mil>

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Distribution this issue: 3,800 copies

Help us find these suspects...



...in the abduction and death of 13-year-old Christina Marie Williams.



SUSPECT 1
Passenger

SUSPECT 2
Driver

**FBI: (831) 722-8720, 671-3343
or 1-800-671-3343**

WEB: cmwilliams.org

Confused about TRICARE?

Assistant editor discusses health benefits programs

By Harry Noyes

Assistant Editor, Army Medical Department Mercury

FORT SAM HOUSTON, Texas — Army medical leaders are frustrated. Massive efforts have been made to explain TRICARE to soldiers, families and retirees. Yet complaints continue to roll in that people “don’t understand TRICARE.”

Personally, I’ve always wondered why. TRICARE contracts and financing are complex, but for beneficiaries TRICARE is very simple. A quick summary:

“You got three choices. First is TRICARE Standard: go to any doc you want, send us the bill, and we’ll pay part of it. Second is TRICARE Extra: pick your docs off our list, THEY send us the bills, and we pay a little more. Third, you can join TRICARE Prime and never have to worry again: just do what your primary caregiver says. He or she will lead you by the hand through all your health care.”

What could be simpler? Soldiers are certainly smart enough to understand such a system. So the real problem must not be complexity or a failure to explain TRICARE. Instead, I suspect that “they don’t understand TRICARE” is a codeword for tougher issues. The challenge is to find out what’s really bothering people and either fix it or, if that’s impossible, tell people why it cannot be fixed.

Some things cannot be fixed. Some people are just angry about change and nostalgic for a time when they could go to the post hospital for any care they needed, at no charge. We can’t just brush this attitude off by deluding ourselves that “they don’t understand TRICARE.” We have to be strong enough to admit, to ourselves and to them, the hard truth that military medicine will never be the same again.

Reportedly, TRICARE is especially confusing to retirees. But that doesn’t necessarily mean that they don’t grasp how TRICARE works. Maybe what confuses them is deciding which TRICARE option is most economical — a different issue altogether.

Someone who needs little care might save money with TRICARE Standard or Extra, while someone who needs a lot of care will do better with TRICARE Prime. But what about people in between? What about the risk that a retiree or family member who is healthy today will need a lot of care six months from now?

Clearly, retirees have to play the odds. To put it bluntly, like any decision on buying insurance, it’s a gamble. It’s easy to say that joining Prime is a bargain, if only for peace of mind. But for a family that never had to make that call before, it can be a tough choice.

There is help for retirees. Health-benefits advisors can calculate the actual costs of various scenarios. That makes



a decision more concrete, but not necessarily easier. This kind of balancing act is always difficult. One need not be “confused” to feel that.

For some people, the problem may be something else entirely. Maybe they grasp the concept perfectly. Maybe they love it. And then their appointments get screwed up, or they start getting bills from doctors who didn’t get paid by TRICARE. When that kind of thing happens, when reality doesn’t match the expectations in people’s minds, they experience a specific form of confusion called cognitive dissonance.

In fact, only a small percentage of beneficiaries encounter serious TRICARE problems. But many more hear the stories, and they also suffer cognitive dissonance. In short, no matter how well medical leaders explain the game plan, there will be confusion if the plan is not executed as promised. At that point, no amount of extra explanation, however clever, will do any good. Instead, the quality of execution simply has to be improved. Beneficiaries should take comfort from knowing that both line and medical leaders are acutely aware of this and know that they have to fix the flaws in TRICARE.

Army Chief of Staff Gen. Dennis Reimer said so at the 1999 TRICARE conference, demanding that TRICARE officials aim for 100 percent beneficiary satisfaction. Army Surgeon General Lt. Gen. Ronald Blanck and Deputy Surgeon General Maj. Gen. Patrick Sculley have repeatedly told their troops that there is no acceptable alternative to making TRICARE successful. Going back to the old days is simply not an option.

TRICARE isn’t perfect, but it is a heroic effort to maintain quality care that is accessible to the entire military family despite massive resource cuts. To reach that goal, TRICARE needs energetic support from the medical community and beneficiaries alike. (*Courtesy of Army News Service. Editor’s note: This commentary is not an official statement of Army Medical Department policy.*)

Parenting class scheduled for Monday

Magic 1, 2, 3 Parenting Class is scheduled for Monday, 4:30-6 p.m. at the Naval Postgraduate School Family Service Center, Bldg. 2.

This is a class to help people sharpen their parenting skills. This program is for parents of children age 2 to 12. The emphasis of the class will be on disciplining without nagging, yelling, or arguing; effective discipline; and ways to reinforce positive behavior.

For more information or to register, call the Family Service Center at 656-3488.

Optimistic thinking class scheduled for Tuesday

The class Optimistic Thinking for Children begins Tuesday and will meet every Tuesday for eight weeks, 2:45-4 p.m., at the Naval Postgraduate School Family Service Center, Bldg. 2.

This is a class and support group for children ages 6 to 11 on how to think more optimistically and gain greater self-confidence. The class will also benefit children who are planning to or have moved recently. The focus of the program will be on building self-esteem and confidence in children.

For more information or to register, call the Family Service Center at 656-3488.

Domestic violence staff training begins Tuesday

The Monterey County YWCA begins a month-long volunteer training Tuesday for individuals interested in becoming domestic violence advocates. Training is scheduled on Tuesday and Thursday evenings and three Saturdays.

Graduates from the training will be able to assist with 24-hour crisis line, child care at the safe house, restraining order clinic, court accompaniment and high school outreach programs.

For more information, call 373-6832.

Human Effectiveness seminar starts Wednesday

Army Community Service is presenting a seminar on "Increasing Human Effectiveness" Wednesday through Sept. 17, 8 a.m.-12:30 p.m. Child care is available.

The Edge Learning Institute seminar is specifically designed as an exciting experience in personal, as well as professional growth and effectiveness. The program is taught in a relaxed lecture/discussion format, and the primary objective is to provide members with tools that will enable them to tap into the vast storehouse of potential existing within you.

Most are already effective people in some areas of their lives: however, there may be other areas that they feel could stand improvement. The ELI approach is one of balancing participants' lives through "the total person concept."

For more information call Army Community Service at 242-7660.

Personal growth classes begin Sept. 20

A series of Forgiveness and Personal Growth classes begin Sept. 20 and are scheduled for four Monday meetings, 6:30-8 p.m., at the Naval Postgraduate School Family Service Center, Bldg. 2.

This is a four-week educational class for individuals who want to move on from their past. The focus of this group will be on topic concerning the psychological and physiological benefits of forgiving others, the difficulties and the mixed message given about forgiveness.

For more information or to register, call the Family Service Center at 656-3488.

Newcomers Orientation class set for Sept. 22

Army Community Service and the Presidio Chaplains extend an invitation to all new arrivals to the community to Newcomers Orientation Sept. 22, 10 a.m.-3 p.m. at the General Stilwell Community Center on the

Presidio of Monterey Annex.

Representatives will attend from agencies such as Child Development Services, TRICARE, Outdoor Recreation, Youth Services, the Red Cross, La Mesa Housing, the Presidio of Monterey Police, the Education Center, Chamberlin Library, Army Emergency Relief, and Army and Air Force Exchange Service. People can ask questions, or raise questions, and generally find out about what's available at the Presidio.

Lunch is provided, as is a bus tour of the Monterey Peninsula. Childcare is also available and is free to those who are registered. To reserve a space on the bus call Army Community Service at 242-7660 or 242-7661. To arrange for childcare call Child Development Services at 583-1059 by Thursday.

Business Plan workshop set for Sept. 22

A business plan workshop is scheduled for Sept. 22, 6:30-8:30 p.m. at the General Stilwell Community Center.

This workshop will address this important and necessary step in starting a business. Learn what information needs to be included in a business plan and how it needs to be presented to make the best impression possible. Learn how to set up your accounting books with easy access for profit and loss statements, and for year-end tax preparation. This free workshop is sponsored by Army Community Service, and presented by the Service Corps of Retired Executives, counselors to America's small businesses. Seating is limited. To make a reservation, call Army Community Service at 242-7660.

Charity adult spelling bee set for Sept. 23

Are you a good speller with a fairly large vocabulary? Join a Defense Language Institute Foreign Language Center and Presidio of Monterey team in the Adult Spelling Bee, Sept. 23, 6-9 p.m. in Modesto.

The four-person team entry fee of \$300, or \$75 each, is a charitable tax deduction and raises money to support children's programs, literacy, and enhanced access to technology at various library sites. Active duty military members, Reservists, civilian employees, and family members are welcome. Spellers may use this competition as a warm-up for the Pacific Grove Library's Adult Spelling Bee in March. Individuals may also sponsor the team by donation. If interested contact Dave Riddle at 242-6383 or e-mail to riddled@pom-emh1.army.mil.

Employment workshops available Sept. 23-24

The California Employment Development Department and Army Community Service will offer employment workshops Sept. 23-24. Topics include Job Search/Labor Market, Packing for Your Journey, Resumes/Cover Letters, Resume Writing, and Interviewing. The classes are 9 a.m.-noon and 1-4 p.m. both days. The workshops are open to all interested potential job seekers. Participants may sign up for any or all by calling Army Community Service at 242-7660.

Basics of military life class set for Sept. 23-24

A class covering the basics of military life for family members is scheduled for Sept. 23-24, 8:30 a.m.-2:30 p.m. at the Presidio of Monterey Annex Chapel.

Family members can learn about the military from other family members. Topics include acronyms, benefits and entitlements, impact of the mission on family life.

Free on-site childcare. For reservations or more information, call the Armed Forces Family Team Building office, 242-7510.

Self-Defense Workshop set for Sept. 25

A free self-defense workshop is scheduled for Sept. 25, 10 a.m.-2 p.m.

at the Martial Arts Room of Porter Youth Center.

The workshop will be presented by Master Robert Ingersoll and hosted by the Mayoral Program. It is open to military, family members and Department of Defense civilians.

Space is limited; reservations are required. To reserve your space, call 242-5056 and leave a voice mail message.

Anger management class set for Sept. 30

An anger management is scheduled for Sept. 30, 4:30- 6 p.m. at the Naval Postgraduate School Family Service Center, Bldg. 2.

This class will help individuals control and better manage their anger. The topics include Anger Myths and Truths; The Unhealthy Consequences of Anger; Anger Cues and Self-Identification; The A, B, C's of Identification and Change and How to Control Your Anger So It Doesn't Control You.

For more information or to register, call the Family Service Center at 656-3488.

Fighting For Your Marriage seminar Oct. 2

A six-hour seminar, "Fighting For Your Marriage" is scheduled for Oct. 2, at 8:45 a.m., at the General Stilwell Community Center.

This seminar is for people who are determined to knock down those walls that creep up with time and stress, who want to quit playing tug-of-war and learn to problem-solve more effectively, who sometimes like to shut out all of life's hassles and just be together, who want romance and passion in their marriages, and who like to talk together as friends.

Free child care is provided. Registration is required. Call 242-7653 or 242-7660 for information and registration.

Second career seminar scheduled for Oct. 4

The Retired Officer Association

representative, Jerry Crews will speak on "Marketing Yourself For A Second Career" during a seminar at the Presidio of Monterey Theater Oct. 4, 3-5:30 p.m.

All active and retired military personnel, Department of the Army civilians, and their spouses are invited to attend.

Charity golf tournament set for Oct. 9

The Paul McCauley Classic '99 tournament will take place Oct. 9 at the Monterey Pines Golf Course at 1250 Garden Road in Monterey.

The Monterey County Red Cross and the Paul McCauley family are joining forces for this charity golf tournament. Red Cross volunteers Paul and Sunny McCauley are organizing the tournament to celebrate Paul's 36 years as a federal employee. All proceeds benefit the Monterey County Chapter of the American Red Cross.

A best ball; four-man scramble, shot gun start tournament is scheduled with golfers teeing off promptly at 8 a.m. and lunch scheduled for 12:30 p.m.

Tickets for the tournament are \$65 each or \$25 for lunch alone. Prizes will be awarded during lunch, after the tournament. Individuals will also have the opportunity to win great items at a silent auction. Call 242-6800 for ticket information.

Workshops for fathers set for Oct. 15-16

Two workshops, "For Dad's Only: Secrets Of Fast Track Fathering" and "Secrets of Smart Families," presented by Paul Lewis, will be held Oct. 15-16 at the General Stilwell Community Center.

Lewis is a well-known lecturer and teaches fathering and family skills courses at Family University in San Diego, Calif. He is the author of "The Five Key Habits of Smart Dads" and "40 Ways to Teach Your Child

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Values,” and the editor of Smart Dads newsletter.

For more information and registration call Army Community Service at 242-7653 or 242-7660.

Free childcare for volunteers

Free childcare is available for individuals who volunteer for Armed Forces Team Building. The program needs volunteers for the following areas: Instructors, Newsletter, Marketing, Phone Calls, Administrative Assistant and Assistant Coordinator.

Call 242-7510 for more information.

Weekly briefings assist those leaving military

Individuals who are leaving the military invited to attend an Army Career and Alumni Program briefing presented every Monday and Thursday at 1 p.m. at Taylor Hall, Building 616, Room 115. The briefing lasts about two hours.

Public law requires all military personnel to attend an ACAP or Transition Assistance Management Program briefing either 180 days prior to discharge, release from active duty or retirement date, or as soon as they are notified that the commander is recommending separation.

Military members should attend one of these briefings if they:

- Have informed that they are being recommended for separation
 - Are requesting separation
 - Are in the National Guard or U.S. Army Reserves and are getting off of active duty for training after serving 90 or more days active service
 - Are within 180 days of their expiration term of service date or retirement
 - Are in a position to counsel other military personnel and would like to pick up some valuable information
 - Are service members or the spouse of a service member and would like to increase their knowledge regarding the ACAP program
- If any of the above applies, attend at your earliest convenience.

County van service assists local veterans, retirees

By Bob Britton

Public Affairs Office

Military veterans and retirees unite for common causes. The Monterey County Veterans Service Office needs a replacement van to transport military veterans and retirees to the Veterans Affairs or Administration hospitals in Palo Alto or San Francisco. Many of these patients served during World War II or the Korean War, are up in age and can't drive long distances. That's where the free van service enters the picture.

The United Veterans Council of Monterey County is sponsoring a golf tournament, dinner and auction at Rancho Canada Golf Club in Carmel Valley Wednesday, Sept. 22. Golf starts at noon. Proceeds will help purchase a replacement van for the county VSO van program, which currently operates a 10- and a 13-passenger van.

Representatives from area veteran and retiree organizations form the United Veterans Council. Veterans and retirees volunteer their services and time to coordinate the van schedules or drive the vans roundtrip daily to the VA hospitals or clinics at San Jose, Palo Alto, Menlo Park and at Fort Miley in San Francisco.

Vans provide transportation services to about 2,900 patients or family members each month. Drivers spend a full day taking the military patients to the hospitals and back for the 186-mile round trip to Palo Alto, said retired Air Force Chief Master Sgt. Carl Demele, the chief of volunteers and one of the van coordinators.

Retiree James Bogan is chief of the van volunteers, while retiree Clarence Foster is chief of the volunteer drivers. Currently, the Veterans Service Office has 16 van coordinators and 14 drivers.

A 1990-model van has 115,000 miles, while a newer 1998 model van has 44,000 miles. Veteran and retiree organizations raised funds last year for the purchase of the newer van. Now the older van needs replacement. Although the UVC purchased and operates the vans with volunteer drivers and coordinators, the county maintains the vehicles.

Jack Stewart, the county Veterans Services Officer, mentioned the van program started in 1988. That's when his office and the UVC saw a need for this service to help the local veteran and retiree population meet VA hospital appointments from Palo Alto to San Francisco. The original van service provided round trips three times a week with one van. Now two vans are available weekdays for the service.

During the first 10 years of van service, the VSO took 26,517 passengers to the hospitals in Palo Alto, Menlo Park and San Francisco. Drivers recorded 607,104 miles on the vans. During the first six months of this year, drivers took 1,435 passengers and put 29,771 miles on the vehicles.

After this van service started in Monterey County, it became the envy of other VSOs in other counties.

Vans leave the VSO office in Marina weekdays at 7:15 a.m., and pick up additional passengers by the Carl's Jr. Restaurant in Salinas on Davis Road at 7:30 a.m. The vans leave the Palo Alto VA Hospital at 2:30 p.m. and arrive back in Marina around 5 p.m.

The County VSO is located at 455 Reservation Road, Suite E, in Marina. The van phone line for transportation requests is 384-0605 or 424-1356, extension 15.

For information on the UVC golf tournament, call Glenn Gilbert at 372-4370, or Efen Techaira at 883-4711.

Violence, continued from page 1

During the last phase of the family violence cycle, the loving reconciliation phase, both parties have a sense of relief that "it's over." The man is often genuinely sorry for what happened and is fearful that his partner will leave him. He apologizes and may "shower" her with love and praise that helps her repair her shattered self-esteem. He tells her he can't live without her, so she feels responsible for his well-being and guilty for her actions and blames herself for what led up to the abuse.

Increasing spiral of violence

Once violence has begun, it continues to increase in both frequency and severity. Understanding the psychological consequences of her violent relationship can help the woman take power and choose constructive alternatives, as well as aid those who intervene to help her.

If you become a victim of family violence:

Call the police.

Make sure you are safe from another beating. Whenever you believe you are in danger, leave your home and take your children with you. Also, take important papers such as your birth certificate, vehicle registration, etc.

Get medical attention. Don't try to treat yourself; you may be injured much more seriously than you realize.

Seek assistance. Whether or not you file charges against your batterer, you may need to talk to a professional about your situation. Contact your local battered women's shelter, women's support group or victim's assistance center.

Save all the evidence or proof you can. You may even want to take photographs of your injuries. Whether or not you file charges now, you may later change your mind and will then need proof that you have been assaulted.

Everyone has the right to be safe from threats and beatings — but YOU must take that first step. Once you recognize that it isn't your fault and it is possible to change your situation, seek the help you need to correct your situation. (*Courtesy of Presidio of Monterey Police Department, Community Services Division, from The California Crime Prevention Officers Association*)

Moving?

Individuals may call
the Public Affairs Office
at 242-5104

to **cancel classified ads.**

Be sure to identify the category,
first few words of the ad, phone
number in ad and the date
following the ad.

Chapel Services Schedule

Post Chapel Center

Presidio of Monterey Annex

242-7620, 242-7622, 242-7625

Protestant

Sunday Service 9 a.m.
Sunday Children's Church 9:20-10 a.m.
Tuesday - Protestant Women of the Chapel 9 a.m.

Catholic

Saturday Mass 5 p.m.
Sunday Mass 11 a.m.
Wednesday, Thursday and Friday Mass ... noon

Coptic Orthodox Service

First and third Saturday 9 a.m.

Catholic and Protestant Christian Education

Kids of the Kingdom

Wednesday, Grades 2-5 2:30-4 p.m.
Thursday, Preschool-Grade 1 3:30-4:30 p.m.
Sunday, Grades 6-12 6-7:30 p.m.

Presidio of Monterey Chapel

242-5281

Protestant

Sunday Service 11 a.m.
Sunday-Latter Day Saints, Mormons ... 2:30 p.m.
Tuesday Bible Study (Bldg 324) 11-11:50 a.m. and
A free lunch is provided. noon-12:50 p.m.

Catholic

Sunday Mass 9 a.m. and 5:30 p.m.
Tuesday, Thursday and Holy Days 11:30 a.m.
(Munakata Hall Auditorium, Bldg. 610, Rm 139)

Muslim

Friday Prayer Meeting noon-1 p.m.
(Chapel Activities Bldg. 324, Room 215)

JEWISH HIGH HOLY DAYS

All Services will be held in the Presidio of Monterey Chapel.

Rosh Hashanah — Jewish New Year

Today, 8 p.m. — Erev Rosh Hashanah Service
(Fellowship after the Service)
Saturday, 10 a.m. — Rosh Hashanah Service
Sept. 17, 8 p.m. — Shabbat T'shuvah Service
(Fellowship after the Service)

Yom Kippur Services — Day of Atonement

Sept. 19, 8 p.m. — Erev Yom Kippur Service (Kol Nidre)
Sept. 20, 10 a.m. — Yom Kippur Morning Service,
followed by Yizkor (Memorial Service)
Sept. 20, 5 p.m. — Yom Kippur Afternoon Service
Sept. 20, 6 p.m. — Yom Kippur N'ilah (Concluding
Service)
Sept. 20, 7 p.m. — Break Fast in the Chapel Activities
Center, Bldg. 324, next to the chapel.

'Optempo, perstempo, worktempo, deptempo' Terms define the pace of military activities

By **Jim Garamone**

American Forces Press Service

WASHINGTON — Many service members are not sure what "optempo" and "perstempo" are, except they know they don't like them high.

The terms are related, and service members and even some Department of Defense officials use them interchangeably. The fact is, they're not the same.

A tempo is a musical term meaning the speed at which a piece is played. The word's definition over time has expanded to mean the pace of an activity, as in the "tempo of everyday life is getting faster."

DOD adopted "operations tempo" as a measure of the pace of an operation or operations in terms of equipment usage — aircraft "flying hours," ship "steaming days" or "tank [driving]

miles." In the military way, the term became jargon: optempo.

Obviously, the optempo increases with the intensity of and number of operations.

Maria Hughes, senior readiness analyst in the Pentagon, said the services generally define personnel tempo — "perstempo" — as the time an individual spends away from home station. Each service measures somewhat differently. Optempo and perstempo seem the same because they often rise and fall together, but they don't have to.

Got that straight? Now, complicating the situation are two new terms officials are starting to use: "worktempo" and "deptempo."

Worktempo is a newer of the two. It is generally defined as the pace of work that military personnel experience at home stations. In general, when a unit

deploys, those members staying at home see a worktempo increase.

"They have to perform many of the same jobs with far fewer people," said Army Lt. Col. Catherine Abbott, a Pentagon spokesman. Likewise, units preparing for deployment have an increase in worktempo prior to departure.

Deptempo stands for deployment tempo. It's generally a measure of the number of days in one month that a unit would have to deploy to accomplish assigned training or operational missions. Scarce units in periods of high demand — for instance, AWACS aircraft units — tend to have high deptempos.

So now you know what the DOD jargon means. Don't get too comfortable with the definitions, though, because the Defense Authorization Bill before Congress directs DOD to standardize the definitions. More on that effort later — as its tempo increases.

New law assists veterans with small businesses

By **Linda Kozaryn**

American Forces Press Service

WASHINGTON — President Clinton has passed a new law designed to help veterans, particularly the disabled, develop small businesses.

Clinton signed the Veterans Entrepreneurship and Small Business Development Act of 1999 in August. The law is intended to aid "those who have sacrificed so much in the service of our country," Clinton said in an Aug. 17 White House statement.

"By helping these American heroes to establish, maintain and grow their own small businesses, we help to sustain our strong economy and express our gratitude for their service to America," the president said.

Clinton pointed out that the bill also includes measures to lessen the impact on small businesses when owners or essential employees who are reservists are ordered to active duty.

"By providing loans, loan payment deferrals, technical and managerial assistance for these citizen soldiers, we can help ensure that they do not have to risk their livelihoods while they risk their lives," the president said.

The new law will help veteran-owned businesses obtain

technical, financial and procurement assistance, according to Scott Denniston, director of Small and Disadvantaged Business Utilization at the Department of Veterans Affairs.

He noted that the bill establishes a 3 percent federal procurement goal for service-disabled veterans businesses. It also calls for establishing a federally chartered national veterans business development corporation to help veteran's form and expand small businesses.

The bill also calls for the establishment of an advisory committee on veterans business affairs. It will serve as an independent source of advice and policy recommendations to the Small Business Administration, Congress, the president and other U.S. policy makers.

Denniston said the VA, Labor Department and Small Business Administration will work together to help veterans establish and maintain small businesses. The VA, for example, will identify veteran businesses and notify them of what federal assistance is available to them through the Small Business Administration, he said.

Veterans seeking more information on the entrepreneurship law should contact their local district Small Business Administration office, listed in the blue government pages of their local phone books.

News Briefs

New Equal Opportunity advisor

The new installation Equal Opportunity advisor is Sgt. 1st Class Alfredo Lino.

The Equal Opportunity Program formulates, directs, and sustains a comprehensive effort to ensure fair treatment of all military members based solely on merit, fitness, capability, and potential, which supports readiness. This program also provides equal opportunity and treatment for all military members and their families without regard to race, color, religion, gender, or national origin and to provide an environment free of sexual harassment.

The Equal Opportunity advisor is located in the Tin Barn, Building 518, Room 6. For more information, call 242-5442 or e-mail to linoa@pom-emh1.army.mil.

Navy/Marine Corps directory

Having convenient access to communication information such as e-mail addresses or phone numbers is no longer just a "nice to have" item because now the new Navy/Marine Corps White Pages Directory fills the void.

Full capability, meaning essentially all data is filled in and nearly all commands are included, will be achieved in late September.

Over the past two months the Navy and Marine Corps have begun implementation of a new online service to put the information at the electronic fingertips of Sailors and Marines.

It gives users a tool to get essential information for contacting Navy and Marine Corps personnel, military and civilian, throughout the world using their unclassified or classified address. The directory contains the name, rank, command, billet/staff code, billet description, phone number, SMTP e-mail address and, for shore stations, the geographic location.

Users with a "usmc.mil" or a "navy.mil" address can access the White Pages. The service is accessible from either a web browser (Netscape or Microsoft Internet Explorer) or certain e-mail programs, such as Microsoft Outlook 98, Microsoft Outlook 2000, Microsoft Outlook Express, Lotus Notes R5.0 and Netscape Communicator.

Detailed access instructions are available in CNO Washington DC message 250015Z JUN 99, also readdressed as CNO Washington DC 301640Z JUL 99 (ALCOM 070/99).

A link to the N/MC-WP is also accessible on the CNO-N6 Web site <http://cno-n6.hq.navy.mil>.
(Courtesy of Navy News Service)

Briefing describes Army ROTC Green to Gold Scholarship Program

An informational briefing on the Army ROTC Green to Gold Scholarship Program will be held at the Weckerling Center at Thursday at 4 p.m.

The program provides selected Army active duty enlisted members an opportunity to complete their baccalaureate degree requirements and obtain a commission through participation in the ROTC scholarship program.

Enlisted members who have completed one year of college work towards their degree will be considered for the three-year scholarships. Those who have completed two years of college will compete for two-year scholarships.

Individuals who have not attended college or have four academic years remaining for a baccalaureate degree may complete for a four-year scholarship.

Enlisted members who have completed a baccalaureate degree and have two years remaining to obtain a master's degree may apply for a graduate degree scholarship.

For further information, contact Maj. Kimbra Benson at 242-7818.

Army, NSGD teams take first in Commander's Cup Run

A Commander's Cup Run was held Aug. 31. The following are the results of the two heats.

The final results of heat 1 (females) are

First place, B Company, 229th Military Intelligence Battalion, with a time of 14:53*;

Second, C Company, 229th MI Battalion, 14:53;

Third, Naval Security Group Detachment, 15:16;

Fourth, A Company, 229th MI Battalion, 15:43;

Fifth, F Company, 229th MI Battalion, 16:06;

Sixth, Marine Corps Detachment, 16:17;

Seventh, D Company, 229th MI Battalion, 16:27;

Eighth, E Company, 229th MI Battalion, 17:01.

* First place decision after additional one-lap runoff.

The 311th Training Squadron was disqualified, and the Headquarters and Headquarters Company had no team.

The final results of heat 2 (males) are

First place, NSGD, with a time of 11:34;

Second, B Company, 229th MI Battalion, 11:36;

Third, F Company, 229th MI Battalion, 11:40;

Fourth, A Company, 229th MI Battalion, 12:14;

Fourth, 311th TRS, 12:14;

Sixth, C Company, 229th MI Battalion, 12:30;

Seventh, E Company, 229th MI Battalion, 12:48;

Eighth, HHC, 14:30.

D Company, 229th MI Battalion was disqualified.

Recreation centers, ticket office

Office locations, hours

The Outdoor Recreation Center and Leisure Tours on the Presidio of Monterey, Building 228, Lewis Hall, next to the service station, is open Monday through Friday, 10:30 a.m.-6 p.m. and closed for lunch 2-3 p.m. For information, call 242-6133 or 242-5506.

The Outdoor Recreation Center at the POM Annex, Building 4260, General Stilwell Community Center, is now open on its summer schedule: Tuesday, Wednesday and Thursday, 4-7 p.m. This summer schedule continues until Wednesday. For more information, call 242-6155.

Leisure Tours

Saturday – Atlanta Braves vs. San Francisco Giants, \$35
 Sept. 18 – San Francisco Get Acquainted Tour, \$20
 Oct. 4 – San Jose Sharks vs. Dallas Stars
 Oct. 9 – San Francisco Get Acquainted Tour, \$20
 Oct. 10 – Oakland Raiders vs Denver Broncos, \$75
 Oct. 16-18, Reno Gamblers Delight, \$100
 Oct. 16 – Riverdance, \$65
 Oct. 30 – Winchester Mystery House Flashlight Tour, \$30

Golf clubs available

Outdoor Recreation has added golf clubs to their equipment rentals. The center offers a complete set and bag rental for \$9 a day or \$15 for the weekend. Transportation to the Monterey Pines Golf Course is also available for groups of eight or more. Call for more information.

Tickets for Honda Grande Prix

Outdoor Recreation is selling tickets for the Honda Grande Prix at Laguna Seca Sept. 10-12. The tickets are for one, two or three days and prices range from \$30 to \$85. Call Outdoor Recreation at 242-5506 for details.

Winter ski tour guides wanted

Outdoor Recreation is now recruiting winter ski tour guides. Applications are accepted now through Sept. 29. As a trade off for volunteer work, tour guides receive free skiing. Applicants must be at least 18 years old, available 10 hours a week – for one or two weekends per month – and must like people. Training is provided. Job description and applications are available at the Equipment Center, Bldg. 228, on the Presidio of Monterey.

Presidio of Monterey Theater

Located on Stilwell Road near Soldier Field and High Street Gate

372-1249

Adults, 12 and up, \$3.50

Children, 6-11, \$2

Children will be charged \$3.50 for G-rated and matinee movies.

Movie schedule subject to change.

Eyes Wide Shut, starring Tom Cruise and Nicole Kidman. Cruise plays a doctor who is married to an art curator. One day his wife admits that she almost cheated on him and that leads Cruise's character through an odyssey of sexual and moral discovery. R

American Pie, starring Jason Biggs and Jennifer Coolidge. A group of friends at the end of their senior year make a pact to lose their virginity by prom night. In their attempt to fulfill this mission, they come to some surprising, hilarious and often touching realizations about themselves, their friendships, their notions of love and their relations with the opposite sex. R

Lake Placid, starring Bridgette Fonda and Bill Pullman. Welcome to Black Lake, its placid waters complement the pristine Maine wilderness it borders. This tranquil setting is probably the last place you'd expect a gruesome fatality. But then it's also the last place you'd expect to find a 30-



Tonight,	7 p.m.	American Pie (R)
Saturday,	6 p.m.	American Pie (R)
	9 p.m.	Eyes Wide Shut (R)
Thursday,	7 p.m.	Inspector Gadget (PG)
Sept. 17,	7 p.m.	Lake Placid (R)
Sept. 18,	6 p.m.	Inspector Gadget (PG)
	9 p.m.	The Haunting (PG-13)
Sept. 23,	7 p.m.	Blair Witch Project (R)
Sept. 24,	7 p.m.	Deep Blue Sea (R)
Sept. 25,	6 p.m.	The Wood (R)
	9 p.m.	Blair Witch Project (R)

foot, narrow-snouted, multi-tooth, reptilian of the species *Crocodylus* – an eating machine more commonly known as a crocodile. R

The Haunting, starring Liam Neeson and Catherine Zeta-Jones. A remake of the classic 1963 movie "The Haunting," a professor draws three subjects to the Hill House mansion for a psychological experiment. During the course of the night some will unravel, some will question and some will fight for their lives as the house fights back. PG-13

Inspector Gadget, starring Matthew Broderick and Rupert Everett. Based on the popular cartoon character of the same name, Inspector Gadget is a wild and quirky adventure comedy about a somewhat naïve and inept security guard, John Brown, whose big heart is equal to his far-fetched dreams of becoming the world's greatest police officer. PG

Ski season open house

A ski season open house is scheduled for Oct. 13, 7-8:30 p.m., at the Outdoor Recreation Equipment Center on the Presidio of Monterey. The center will display new ski equipment and distribute the 1999-2000 ski season schedule. There will also be refreshments and a drawing for a weekend ski trip.

South Lake Tahoe ski trips

Outdoor Recreation offers a holiday or weekend ski packages. Package price includes round-trip transportation, lodging, lift tickets, and ski equipment. Lessons, snowboards and ski school are available for an additional charge. Family packages are also available. Cost for the Thanksgiving holiday package, Nov. 24-28, is \$365 for adults, \$310 for teens and \$300 for children. Cost for Thanksgiving weekend package, Nov. 26-28, is \$185 adults, \$165 teens, and \$155-\$165 children.

"The EDGE"**Thursday night at The Edge**

The club is open Thursday from 7-11 p.m., with no cover charge on Thursday nights.

Friday at the Edge

Friday social hour is from 4:30-6:30 p.m. with complimentary appetizers.

Friday nights feature DJ Al Baby from 9 p.m.-2 a.m. playing variety music. Authorized patrons pay a \$1 cover charge, \$5 for guests. A courtesy shuttle service is available every hour to the club from Combs and Belas Hall.

General Stilwell Community Center**Sunday Bingo**

The doors open at 1 p.m. Early Bird begins at 3 p.m., and regular play begins at 3:15 p.m. The minimum buy in is \$20.

Thursday and Tuesday Bingo

The doors open at 4 p.m. Early Bird begins at 6:45 p.m., and regular play begins at 7 p.m. Total pay out is now \$7,400. For more information, call the Stilwell Community Center Bingo Hot Line at 242-5013.

Wednesday night buffets

For Wednesday Family Night Madness, All-You-Can-Eat Buffet, dinner is served from 5-7:30 p.m. Buffet price is \$6.45 for adults. Price for children 3-11 years is 50 cents per year; buffet is free to children under 3. Cost includes mini salad bar, fruit bar, Kids Buffet and dessert. The bar opens at 5 p.m.

Wednesday – Northwestern Night, Savory Chicken, Roast Pork Loin, Baked Red Potatoes, Seasonal Vegetables, Gravy
Sept. 22 – Irish Night, Corned Beef & Cabbage, Irish Lamb Stew, New Potatoes, Carrots
Call The Edge at 242-7802 for more information.

Child Development Services**Family Child Care program**

Fully Certified Family Child Care available on the Presidio of Monterey through the Family Child Care Program for children 6 weeks to 8 years old. Call Derek Niegemann of the Family Child Care Program, at 583-1060, for more information.

Holiday childcare

Units should make their reservations for fully certified child care for holiday functions now. Call Supplemental Programs and Services representative Tara Bradburn at 583-1053 for more information.

Price Fitness Center**Tai Chi Chuan classes offered**

A choice of two separate Tai Chi classes is being offered at Price Fitness Center, Building 842, Presidio of Monterey. Join Tai Chi Instructor Leonard Han twice a week either Course I: "Traditional Chen Family Taijiquan Gong Fu Frame," or Course II: "Tai Chi Chi Kung I," a short Yang-style energy form. Han, the 59th Rumen Dizhi, "Indoor Disciple," of Grandmaster Chen Qingzhou, 19th generation direct descendent/successor of Chen Family Taijiquan, is also a certified instructor of the International Healing Toa.

Course I: Traditional Chen Style Taijiquan meets on Monday and Wednesday from 5 to 6:30 p.m. The ancestor of all other styles of Taijiquan, Tai Chi.

Course II: Yang Style Tai Chi Chi Kung I meets on Wednesday from 5 to 6 p.m. and Thursday from 6:30 to 8 p.m. This course teaches the principles of body mechanics through alignment of the bone structure with the force of gravity. The cost for either Tai Chi course is \$60 for each four weeks.

To register call Price Fitness Center at 242-5641. For more information about either Tai Chi course, call 373-4208.

MWR additional notice**NAF Sealed Bid Sale**

The post Morale, Welfare and Recreation Fund will hold a sealed bid sale of four excess buildings.

Two of the buildings are 20'08" by 20'03" and two are 9'03" by 8'03" in size. Two are located in Marshall Park, Building number 4185SF on Malmedy Road and Kalborn Road.

The others are at Fitch Park, building number 7631SF on Ardenness Circle and Remagen Road. The buildings will be open for inspection Sept. 27-29, 9 a.m.-4 p.m.

It will be the responsibility of the buyer to make all arrangements necessary for loading and transportation of the building. The building must be removed within 15 days after notification from the Non-Appropriated Fund Property Office. For more information call the NAF Property Office at 242-7642 or 242-7646.



Visit the Education Center

LOCATION:

Building 630, Presidio of Monterey

TELEPHONE:

242-5325 or 242-5866

Hours: Monday and Friday, 8 a.m. to 5 p.m., Tuesday and Thursday, 8 a.m. to 6 p.m. and Wednesday, 8 a.m. to 5 p.m. Closed for lunch, 1-2 p.m. daily.

MPC fall term classes

The Monterey Peninsula College second fall cycle, Oct. 10-Dec. 16, for the Associate in Arts Foreign Language Degree will offer six courses that will have their initial meeting at the Defense Language Institute Foreign Language Center during the week of Oct. 18. The **deadline** to apply for tuition assistance, which will pay 75 percent of the enrollment fees, is **Oct. 22**. Contact the Education Center for application, registration and tuition assistance forms.

Naval Postgraduate School courses

Naval Postgraduate School offers a "Continuing Education Program" where officers can take no-cost correspondence courses for academic credits while at any duty station, aboard ship or on shore, anywhere in the world. In addition, NPS courses are open to Defense Language Institute Foreign Language Center and Presidio of Monterey members. For details, call the NPS registrar at 656-3093 or 242-3093 or visit their web site at www.nps.navy.mil.

California Virtual University update

As California Virtual University approaches its second official year under the auspices of the CVU Foundation, 150 accredited California universities and colleges have put more than 2,000 on-line courses in the catalog and more than 150 degrees and certificates on-line for 1999-2000.

Among them are the University of California, University of Southern California, Stanford University, and Pepperdine University. Functioning as a kind of huge course catalog instead of a school itself, CVU's five-year plan is to involve at least 80 percent of the state's 301 accredited schools in the virtual program. Check the web site at www.california.edu.

Army personnel test schedule

The Alternate Flight Aptitude Selection Test is scheduled for 8 a.m., Sept. 20 and Nov. 29.

The Army Analysis Aptitude Test is offered every Tuesday at 2 p.m. The Army Typing Test, Test of Adult Basic Education and Armed Forces Classification Test otherwise known as the Armed Services Vocational Aptitude Battery, are available for scheduling by request.

The company commander on the standard Army personnel action request form, DA 4187, must authorize the AFAST, AAAT and AFCT.

Monterey County Chapter American Red Cross



Local American Red Cross offers disaster services, health, safety classes

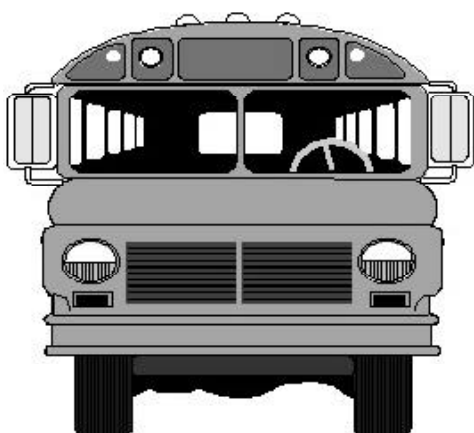
The American Red Cross offers a variety of disaster services, health and safety courses at both its Presidio of Monterey and Salinas offices.

Topics include Introduction to Disaster Services, Mass Care, Damage Assessment, Shelter Operations,



Emergency Assistance, Cardiopulmonary Resuscitation and CPR Instructor, Standard First Aid, California Child Care, Babysitting, Community First Aid and Safety.

Cost and schedules vary based on class subject. For more information, contact the Presidio of Monterey American Red Cross at 242-6800.



Installation Shuttle Service schedule

Also available on the Presidio of Monterey web site at:
pom-www.army.mil. Go to "Organization List" then
go to "Transportation."

Morning Schedule from POM Annex to POM

Arrive	Location	Depart
—	Stilwell Community Center	6:30 a.m.
6:35 a.m.	Coe Avenue/Monterey Road	6:36 a.m.
6:45 a.m.	Naval Postgraduate School Cunningham Rd (Back of Hermann Hall)	6:45 a.m.
7 a.m.	Aiso Library	7:02 a.m.
7:10 a.m.	Building 838	—

Afternoon Schedule from POM to POM Annex (Bus A)

Arrive	Location	Depart
—	Price Fitness Center	5:30 p.m.
5:35 p.m.	Aiso Library (Building 617)	5:36 p.m.
5:40 p.m.	Weckerling Center	5:41 p.m.
5:55 p.m.	Naval Postgraduate School Cunningham Rd (Back of Hermann Hall)	5:56 p.m.
6:08 p.m.	Coe Avenue/Monterey Road	6:10 p.m.
6:15 p.m.	Stilwell Community Center	—

Afternoon Schedule from POM to POM Annex (Bus B)

Arrive	Location	Depart
—	Building 838	3:50 p.m.
3:55 p.m.	Aiso Library (Building 617)	3:55 p.m.
4:09 p.m.	Naval Postgraduate School Cunningham Rd (Back of Hermann Hall)	4:09 p.m.
4:22 p.m.	Coe Avenue/Monterey Road	4:25 p.m.
4:28 p.m.	Stilwell Community Club	—

Afternoon Schedule from POM to POM Annex (Bus C)

Arrive	Location	Depart
—	Building 838	4:10 p.m.
4:15 p.m.	Aiso Library (Building 617)	4:15 p.m.
4:28 p.m.	Naval Postgraduate School Cunningham Rd (Back of Hermann Hall)	4:29 p.m.
4:40 p.m.	Coe Avenue/Monterey Road	4:29 p.m.
4:50 p.m.	Stilwell Community Club	4:41 p.m.
		—

NOTE: Department of Defense civilians are authorized to use shuttle.

FREQUENTLY USED TELEPHONE NUMBERS

for Presidio of Monterey and POM Annex

as of April 5, 1999

EMERGENCIES and IMPORTANT NUMBERS

EMERGENCIES	911	CRIME, reporting crime on post	24-CRIME or 242-7463
Police or Fire emergencies only			
Federal Police (POM Police)	242-7851	POST EMERGENCY OPERATIONS CENTER (EOC)	242-5784
Fire Department	242-7701	OPERATOR:	
		Post locator operator - POM	242-5119 or 0
		Official calls assistance (from a military phone)	0
HEALTH EMERGENCIES (active duty)	242-5663 or 242-5234	COMMAND HOTLINE "Bossline"	242-POST (242-7678)
after hours			
REDCROSS		DLI & POM STAFF DUTY OFFICER:	242-5119
Duty hours (Mon.-Fri., 8:30 a.m.-4:30 p.m.)	242-6800	Evenings: Monday, Tuesday, Wednesday, Thursday 4 p.m.-7:30 a.m.	
After hours	1-800--540-2000	Weekends: Friday 4 p.m. to Monday 7:30 a.m.	

INSTALLATION AGENCIES

Alcohol & Drug Abuse Prevention - POM	242-6960	Family Child Care (Quarter-Based), Bldg. 339	242-5032
(Mon.-Fri., 8:30 a.m.-4:30 p.m.)		(Mon.-Fri., 8 a.m.-4:30 p.m.)	
Alterations		CDS Administration, Bldg. 339	242-5530
POM (Mon.-Fri., 10 a.m.-6 p.m.)	655-0918	(Mon.-Fri., 7:45 a.m.-4:45 p.m.)	
POM Annex (Mon.-Fri., 10 a.m.-6 p.m., Sat. 10 a.m.-5 p.m.)	899-2838	Civilian Personnel Office - POM	242-5100
American Red Cross - POM	242-6800	(Mon.-Fri., 7:45 a.m.-4:45 p.m.)	
(Mon.-Fri., 8:30 a.m.-4:30 p.m.)		Cleaners	
Army Community Service -POM Annex	242-7660	POM (Mon.-Fri., 10 a.m.-6 p.m.; Sat. 11 a.m.-3 p.m.)	372-6546
(Mon.-Fri., 7:45 a.m.-4:45 p.m.)		POM Annex (Mon.-Fri., 10 a.m.-6 p.m., Sat. 10 a.m.-5 p.m.)	899-2838
Army Emergency Relief -POM Annex	242-5501	Club - The EDGE Club - POM	242-6533 or 242-7801
(Mon.-Fri., 7:45 a.m.-4:45 p.m.)		(Thurs., 7 p.m.- 1 a.m., and Fri., 4:30 p.m.- 2 a.m.)	
Auto Crafts Shop - POM Annex	242-7759 or 242-7760	Commissary - POM Annex	
(Thurs.-Fri., 1-9:30 p.m.; Sat.-Sun., 9 a.m.-5:30 p.m.; closed holidays)		(Tues.-Fri., 10 a.m.-7 p.m.; and Sat.-Sun., 9 a.m.-5 p.m.)	
Barber and Beauty (POM) Shops		Administration Office	242-7668 (dial extension 3001)
POM (Beauty and Barber Shop)	372-0520	(general information recording explaining hours of operation, store directions and voice mail providing direct dial to store department extensions)	
(Mon., 10 a.m.-7 p.m.; Tues.-Fri., 10 a.m.-6 p.m.; Sat., 10 a.m.-4 p.m.)		Customer Service	242-7671 (ext. 3012)
POM Annex (Beauty Shop)	899-3198	(for the Cash Cage, dial ext. 3013)	
(Tues.-Fri., 9 a.m.-6 p.m.; Sat., 9 a.m.-5 p.m., closed Sun. & Mon.)		Accounting / Bad Checks	242-7669 (ext. 3005)
POM Annex (Barber Shop)	899-3198	Commissary Officer	242-7668 (ext. 3002)
(Mon.-Fri., 10 a.m.-6 p.m.; Sat., 9 a.m.-5 p.m., closed Sun.)		Assistant Commissary Officer	242-7668 (ext. 3003)
Billeting Office (reservations) - POM	242-5091 or 242-7717	Bakery	899-2326
(Mon., 10 a.m.-7 p.m.; Thurs.-Fri., 10 a.m.-6 p.m.; Sat., 10 a.m.-4 p.m.)		Deli	899-4254
Cable service -		Grocery Department Manager	242-7673 (ext. 3014)
(Coastside Cable)	883-5420	Meat Department Manager	242-7679 (ext. 3017)
(TCI)	649-9100 (Monterey) or 757-8111 (Salinas)	Produce Manager	242-7674 (ext. 3016)
Chaplain Program / Chaplain -		Community Center (General Stilwell) ACTIVITIES - POM Annex	
POM	242-5281	- Army Community Service (ACS) office	242-7660
(Mon.-Fri., 8 a.m.-5 p.m.)		- Buffet dinners (Wed., 5-8 p.m.) provided by EDGE Club	242-7802
POM Annex	242-7620	- Bingo (Sun., 1-2:30 p.m.) provided by EDGE Club	242-7802
(Mon.-Fri., 7:45 a.m.-4:45 p.m.)		Credit Union - POM Annex	393-3480
Child Care (Child Development Services) -		Central Coast Federal Military Credit Union	
Central Registration Office - Annex, Bldg. 7693	583-1059	Inside Office (Mon.-Fri., 9 a.m.-4 p.m.)	
(registration for all CDS and youth services)		Outside, Walk-up (Mon.-Fri., 8:30 a.m.-5:30 p.m.)	
(Mon.-Fri., 9-11:30 a.m., 12:30-4 p.m.)			
Child Development Center (Monterey Road), Annex			
(Mon.-Fri., 6:30 a.m.-5:30 p.m.)	583-1050 or 583-1051		

Dental Clinic - POM

During hours: *Mon.-Fri., 7 a.m.-4 p.m.* **242-5612 or 242-5613**
Emergencies, 24-hours or after hours (Dentist on Duty): **809-3025**
 (Alternate/assistant Dentist on Duty): **809-3024**

Inprocessing: *coordinate directly with the clinic, Building 422*

Outprocessing: *during normal duty hours*

For questions, comments: call NCOIC, Dental Clinic: **242-7092**

Education Center - POM **242-5325 or 242-5866**

(*Mon./Fri., 8 a.m.-5 p.m. Tues./Thurs. 8 a.m.-6 p.m. Wed., 9 a.m.-5 p.m.*)

Employment - POM

CPO Employee Services Branch **242-5137 or 242-5867**

(*Mon.-Fri., 7:45 a.m.-4:45 p.m.*)

Equal Employment Opportunity - POM **242-5105**

(*Mon.-Fri., 7 a.m.-4:30 p.m.*)

Family services at Stilwell Community Center - POM Annex

Army Community Service (ACS) **242-7652 or 242-7660**

(*Mon.-Fri., 7:45 a.m.-4:45 p.m.*)

Family Advocacy **242-7653**

(*Mon.-Fri., 7:45 a.m.-4:45 p.m.*)

Flower Shop (Sharon's Flowers) - POM Annex **1-800-648-4515**

Korean spoken (*Mon.-Sat., 10 a.m.-6 p.m., Closed Sun.*) **or 392-1009**

Finance - POM

Finance Office (Defense Military Pay Office) **242-6366**

Claims Branch - Staff Judge Advocate (SJA) **242-5083**

Army Emergency Relief (AER) - POM Annex **242-5501**

Gas stations (Car Care Centers) -

POM **372-0702**

(*Mon.-Fri., 7 a.m.-5 p.m., Sat. 10 a.m.-3 p.m.*)

POM Annex **394-8219**

(*Mon.-Sat., 7 a.m.-9 p.m., Sun. 9 a.m.-9 p.m.*)

Health Care Information Line (24 Hrs) **1-800-611-2883**

Health Clinic (active duty military), Building 422, POM:

Presidio of Monterey U.S. Army Health Clinic (POMAHC)

Hours of operation

(*Mon.-Fri., 6:30 a.m.-4 p.m. - normal hours*)

(*Mon.-Fri., 4-6 p.m. - acute illness/injury only*)

(*Sat. 8-10 a.m. - sick call, acute illness only*)

After-duty acute care only **242-5663 or 242-5234**

Sick Call (by appointment) **242-5234 or 242-5663**

(*Mon.-Fri., call between 6:30-7 a.m. only*)

Appointments /cancellations (routine) **242-5741/42/43**

(*Mon.-Fri., 7 a.m.-3:30 p.m.*)

In Processing / Out Processing - walk in to health clinic

(*Mon., Tues., Wed., Fri. beginning at 1 and 2 p.m. only*)

Immunizations

(*Tues., Wed., 8-11:30 a.m., 12:30-4 p.m.; Thurs., 8-11:30 a.m.;*

Fri., 12:30-4 p.m.; baby shots, 1-3 p.m. only)

Optometry **242-6829**

(*Mon., Wed., and Fri., 8 a.m.-noon, 1-3 p.m.*)

In an EMERGENCY, call **911**

Health Insurance

Health Insurance Benefits Advisor **242-6834/7566/7567**

TRICARE **1-800-242-6788**

Housing

Housing Office, customer service at NPS **656-2321**

Billeting (temporary), customer service at POM **242-5091**

Repairs:

Department of Public Works - POM Annex **242-7664**

Self Help Store (do-it-yourself) - POM **242-5713**

Self Help Store (do-it-yourself) - POM Annex **242-7615**

Inspector General (IG) - POM **242-5173**

Identification Cards **242-5209**

POM - Building 616 (Taylor Hall)

Leisure -

Information, Tour & Travel **242-5506 or 242-6133**

Golf Course (*Mon.-Fri., 7 a.m.-6 p.m.*) **899-2351**

Outdoor Recreation - POM **242-5506 or 242-6133**

(*Mon.-Fri., 10:30 a.m.-6 p.m.; closed 2-3 p.m.*)

(*SCUBA locker open: Sat./Sun., 7:30-9 a.m. and 3:30-5:30 p.m.*)

Outdoor Recreation - POM Annex **582-4107**

Price Fitness Center (Gym) - POM **242-5700 or 242-5641**

(*Mon.-Fri. 5:30-7:30 a.m. and 10 a.m.-9 p.m.*)

(*Sat/Sun: 10 a.m.-6 p.m.; Holidays: 9 a.m.-3 p.m.*)

Recreation Center - POM **242-5447**

Legal Assistance -

(*Mon.-Fri., 7:45 a.m.-4:45 p.m.*) **242-5083 or 5084**

Libraries -

Academic (Aiso Library) - POM **242-5572**

Community (Chamberlin) - POM Annex **242-7680/7681**

(*Mon.-Thurs., noon-7 p.m.*)

Mayoral Program of Military Family Housing

POM **242-5056**

Optical Shop -

POM Annex **333-9544**

(*Tues.-Fri., 10 a.m.-6 p.m.; Sat., 10-5, Sun./Mon., Closed*)

Post Exchange (PX) -

POM PX & Military Clothing Sales **647-9602**

(*Mon.-Fri., 10:30 a.m.-8 p.m.; Sat./Sun., 10:30 a.m.-6 p.m.*)

POM Annex PX **899-2336**

(*Sat.-Sun.(7 days), 10 a.m.-7 p.m.*)

Schools -

School District (MPUSD) - Monterey **649-1565**

(*Mon.-Fri., 7:30 a.m.-5 p.m.*)

Marshall Elementary - POM Annex **899-7052**

(*Mon.-Fri., 7:30 a.m.-4 p.m.*)

Fitch Middle - POM Annex **899-7080**

(*Mon.-Fri., 7:30 a.m.-4:30 p.m.*)

Seaside High - Seaside **899-7028**

(*Mon.-Fri., 7:30 a.m.-4 p.m.*)

Scouting (Boy Scouts, Girl Scouts) - POM Annex 242-5194

Snack Bars -

Coffee Shop (by POM Theater & Soldier Field) **372-1134**

PX Food Court (Pizza, Sandwich, & Salad Shop) **647-9605**

(*Mon.-Fri., 10 a.m.-8 p.m.; Sat./Sun., 10 a.m.-6 p.m.*)

Tin Barn Snack Bar (Bldg. 517, by Post Office) **372-2234**

(*Mon.-Fri., 7 a.m.-2:30 p.m.*)

Telephone Installation (for phones in barracks) -

Phone Center (Sprint) - POM, in PX mall 333-3000

Telephone Service (Pacific Bell) - 1-800-310-2355

Theater (Movie) -

POM Theater - POM **372-1249**

Transportation - POM (Bldg. 517)

(*M-F, 8:30 a.m.-12:45 p.m. / reopens 2-4 p.m.*)

HHG In-bound (FAX 242-5923) **242-5096**

HHG Out-bound **242-5203**

Passport / Portcalls **242-5330**

TDY (FAX 242-5821) **242-5230**

Travel (Carlson Wagonlit Travel) - POM 648-8609

(*M-F, 8:30 a.m.-4 p.m.*) Official/Leisure Travel Assistance

Thrift Shop - POM Annex 899-4975

(*W/F, 10 a.m.-4 p.m., with Consignments from 10 a.m.-1 p.m.*)

Veterans Administration Clinic - POM Annex 883-3800

Veterinary Services (pets must be registered) **242-7718**

Youth -

Youth Services - POM Annex **242-7823**

(*Mon.-Fri., 6:30 a.m.-6 p.m.*)

If your ad is dated (08-13), you must contact us before the Wednesday deadline to have it renewed.

Want to place an ad?

Military members, retirees and Department of Defense civilian employees with valid identification cards are authorized to place classified ads in the Community News.

To place an ad in the Community News, complete the form on the back page of the Community News and deliver it to the Public Affairs Office, Building 614, Room 142, Presidio of Monterey, 93944. Ads may also be sent via e-mail to the editor at wright@pom-emh1.army.mil. Individuals should be sure to include all information requested on the form, including the category of the ad.

Daytime work telephone numbers are for use by Community News staff only; they will not be listed in ads. Individuals may place up to three ads per household in different categories per issue. **Each ad should not exceed 35 words; each item for sale should be valued at least \$10.**

Classified ads for businesses, rentals, free information, help for hire or tutoring, or illegal items are not authorized. Each ad will be published in **three** consecutive issues unless it is renewed or cancelled.

The date the ad was first published is printed in parentheses following each ad. **Deadlines are generally a week and a half prior to the next publication.** When calling in reference to an ad, be sure to identify the category, first few words of the ad, phone number as printed and the date following the ad.

Deadline for the Sept. 24 issue is Wednesday; deadline for the Oct. 10 issue is Sept. 29.

Please refer questions concerning this policy to the editor of the Community News at the Public Affairs Office, at 242-5104 or 242-6426.

AUTOS

1990 FORD FESTIVA, only 45,000 miles, good condition, one owner, \$2,500. E-mail to Oirdia@aol.com. (09-10)

1980 TRIUMPH TR7 convertible with Buick 3.8 V6 conversion, Holley heads, Edelbrock custom built 4BBL Carb., runs great, needs flywheel. Body in rough shape, new top worth \$260 included, will consider full/partial trade on pickup, \$1,500/obo. Call Bobby at 899-4432. (09-10)

1987 TOYOTA COROLLA, 4-door, automatic, \$2,000 firm. Call 333-3258 leave message. (09-10)

1986 BUICK LESABRE Limited, runs, needs work, \$400; 5X8 trailer, tilt bed, enclosed, \$375. Call 583-0442. (09-10)

1998 HONDA CIVIC EX, 4-door, automatic, A/C, power windows/locks/steering, keyless entry, tilt wheel, cruise, AM/FM/CD Changer, Dual air bags, ABS, power moon roof, \$15,500. Call 899-8723. (09-10)

1997 SATURN SL1, white with gray cloth interior, original owner, excellent condition, 4-door, 5 speed, AM/FM cassette, A/C, low 30,000 miles, \$12,000/obo, available Oct. 4 (negotiable). Call 899-3480 evenings or leave message. (09-10)

1993 PLYMOUTH COLT, good condition, all maintenance done, auto, 1.8L, very reliable, stereo, new rims, under blue book at \$4,500. Call 393-2752. (09-10)

1966 PONTIAC CATALINA, blue, original owner, 389 V-8, ga-raged, \$3,500/obo. Call 384-8641. (08-27)

1990 FORD FESTIVA, needs work, automatic trans, 2-door, blue, 188,215 miles, \$800. Call 884-0902. (08-27)

1988 SUBARU GL Wagon, 5-speed, 4 WD, power windows/locks, am/fm cassette w/eq, new tires, alternator, battery, belts, hoses, timing belt, excellent condition, one owner, divorce – must sell, \$3,000/obo. Call 375-5778 evenings or leave message. (08-27)

1997 TOYOTA COROLLA, forest green, 4-door, automatic, runs great, comes with 4-year or 48,000-mile warranty with low mileage. Assume loan. Call Sean at 333-7708, leave message. (08-27)

1989 FORD PROBE GL, 4 cyl, 5-speed, AM/FM cassette, 104,000 miles, new battery, alt and tires, good condition, runs great, \$2,500/obo. Call 657-5579. (08-27)

1976 CHEVY CORVETTE, L82, \$3,500. Call 726-1902. (08-27)

1996 PONTIAC FIREBIRD, V6, 3.8L, hunter green, Automatic, 2Dr, One owner, Low 36,000 miles, AM/FM/CD, A/C, cruise control, loaded, \$11,500/obo. Call 642-0602. (08-27)

1996 DODGE NEON Espresso, black, 65,000 miles, excellent condition, Kansas tags, 5-speed, new tires, power locks, A/C, cruise control, rear defrost, \$6500. Call 394-0482. (08-27)

1980 924 PORSCHE TURBO, Completely original, even paint, silver with black lower on sides, mag wheels with spokes, Michelin tires, large removable sun roof, 73,740 miles, 30 mpg, must see to appreciate, \$3,500/obo. Call 394-5761. (08-13)

1985 ELDORADO Touring Coupe, Excellent condition, One owner, 137,000 miles, Always garaged, Oil changed every 3,000 miles, Must see, \$2,900/obo. Call 449-2105. (08-13)

1984 AUDI 5000S, 4 door, 5 cyl., 2.2 liter, 5 speed on the floor, sunroof, all power, leather seats, many new parts. Needs some work/fine tuning, \$1,250. Call 384-8714. (09-10)

1987 CHEVY SPECTRUM, blue, manual; new clutch, brakes, and tires, \$1,500/obo. Call 657-5554. (08-13)

TRUCKS, VANS, SPORT, RVs

16' V-HULL SKI BOAT, 90 HP Johnson Outboard, w/trailer, Skis, Vests, Inner Tube. Ready to go, \$3,000. Call 394-0860. (09-10)

1991 FORD EXPLORER XL, 4WD, 5 speed, 4dr, 79,000 miles. Brand new A/C, good condition, clean, tinted rear windows, \$7,000/obo. Call 393-2490. (09-10)

GMC SONOMA red pickup 2WD, only 18,500 miles, Black Interior, Excellent condition, Auto, 4 Cyl., PS, PB, AC, Cruise Control, AM/FM Radio, Cassette, CD/CD Changer, ABS, Air Bag, Bucket Seating, Alloy Wheels. Must sell, Moving Overseas, \$11,000/obo. Call 392-0208 or e-mail to drilldan@gateway.net. (09-10)

1996 FORD RANGER XLT, Extended-Cab, red/gray two-tone, V-6, 4.0L, Auto, A/C, AM/FM/Cass/CD-Changer, keyless entry, power locks/windows/steering, cruise, ABS, alarm, 55,000 miles, \$13,000. Call 899-8723. (09-10)

1992 FORD F250 XLT 4X4, Extended cab, 7.5L V8, 72K miles, AT, AC, PB, PW, cloth interior, Very clean, very good shape, \$11,200. Call 899-2578. (09-10)

1993 ISUZU TROOPER LS A/C, P/W, P/L, cruise control, AM/FM cassette, CD, 4X4, power sunroof, grille guard, two-tone paint, tilt wheel, so much more. Call Jason or Amy at 393-2381. (09-10)

1983 FORD F100 pickup truck, very well maintained, 128,000 miles, AC, auto, \$2,300/obo. Call 394-2526. (09-10)

1977 CHEVY TRUCK, 1/2 ton, \$2,000. Call 726-1902. (08-27)

1978 CHEVY STEPSIDE pickup, needs work, good 350 engine, \$600. Call 899-2038. (08-27)

1977 DODGE FIREBIRD Motor home, self-contained, air, shower, new engine, new tires, just tuned up, \$6,000/obo. Call Bill at 883-2607 day or evenings. (08-27)

1995 FORD F150, with camper shell, loaded, low mileage, \$11,000/obo. Call 393-0217. (08-27)

1997 JAYCO EAGLE 8 RV, Pop-up camper, Sleep 6, Light Weight, Towed with 4 cyl, LN, Used only 4 times, PCS, must sell, asking only \$2,600, sells new at \$4,000. Call 393-1174. (08-27)

1980 SUNRUNNER, 23.5' Cabin Cruiser, super clean, New tilt, new paint, 85 hours on 240 Volvo Penta Monterey slip, Cabin sleeps 4, Galley w/ AC/DC fridge, Head, VHF, CB, \$10,500. Call 646-9785. (08-27)

1993 TOYOTA Pickup, Blue, 2WD, Standard Bed & Cab, 61,000 Miles, Manual Shift, A/C, AM/FM/Cassette, Bedliner and Sliding rear window, Runs great, \$5,800/obo. Call 899-9451 or e-mail Obakekawa@aol.com. (08-13)

1998 DODGE DAKOTA Sport, red, 5spd, A/C, am-fm-cd, tilt, alloy wheels, sliding rear window, bedliner, 20,000 mi. Blue Book \$14,035, asking \$13,000. Call 899-8781, leave message. (08-13)

1983 FORD F150, aluminum canopy, 24,000 miles on rebuilt 4.9 ltr 6 cylinder engine, new tires, battery, lots of new engine and suspension parts, all maintenance done regularly, Good reliable transportation, \$3,000/obo. Call 394-9179. (08-13)

1996 WINNEBAGO ADVENTURE, 30 ft., 20,385 miles, Chevy 454 fuel injected engine, non-smoking, wide body, basement model, lots of storage, drivers door, queen island bed, patio awning, trailer hitch, power roof ventilator, microwave, outside entertainment center, \$43,000. Call 582-0344. (09-10)

MOTORCYCLES

1990 HONDA SHADOW 1100, Dark Blue, 22,600 miles, good condition, hard saddlebags. Great commuter or recreational vehicle, \$3,500/obo. Call Erick or Kathy at 394-3886 and leave message. (09-10)

1994 SACHS Moped, Moving, must sell. Good shape, \$250. Call 394-0714. (09-10)

1997 KAWASAKI NINJA, 250cc, 2,800 miles, Red with purple highlights, excellent condition, \$2,000/obo. Call Mark at 583-0671. (08-13)

WANTED

WANTED: Infant trailer for a bicycle, trunk-mounted bicycle carrying rack. Call 394-0714. (09-10)

WANTED: Cheap, working sewing machine. Call 583-9193. (08-27)

WANTED: Double jogging stroller with reclining seats. Call 899-9016. (08-27)

WANTED: Toddler play equipment, such as picnic table, slide, gym, sand-box, also need toddler bed and toybox/bookshelf. Little-Tykes brand preferred. Call 583-9828. (08-13)

SPORTSEQUIPMENT

SURFBOARD, Handcrafted by D. Haut out of Santa Cruz, This 7'7" hybrid is a great stick and turns like a dream. Best over \$300 takes it. Contact me by e-mail at bmw9vb@aol.com. (09-10)

NORDIC TRACK Elliptical Trainer with heart monitor and computer, New 1 year ago, for \$900; will sell for \$400/obo. Call 333-1082 or e-mail to PLHPG2@aol.com. (09-10)

ROCK CLIMBING EQUIP, 25 carabiners, 2 locking carabiners, 5 Chouinard wired stoppers and 3 hexes, 8 saddle wedges, 2 figure 8s, 9 slings, and webbing. All for \$125, or will divide and sell separately. Call 333-9340. (09-10)

WEIDER WEIGHT BENCH with 82 lbs. in weights, flyer attachments and lateral bar, Less than one year old, excellent condition, \$75/obo; AbWorks crunch machine, \$50. Call 393-2425 or e-mail to MsShannonP@aol.com. (09-10)

1978 SEASWIRL 19' deep vee cuddy, OMC I/O, new floor and carpet, canvas camper cover, many extras. Trailer brakes. Needs water pump, \$3,900/obo. Call 583-9244. (08-27)

WOMEN'S EXERCISE BIKE, \$25; 10-speed bike, good condition, \$30. Call 384-9269 after 6 p.m. (08-27)

LOBSTER/CRAB trap, \$25; also 80-cubic ft. Dacor SCUBA tank, best offer. Call 583-9193. (08-27)

LIFESTYLER Cardio Fit Exerciser, \$40. Call George at 394-3755. (08-27)

LIFESTYLE 8.0 MPH TREADMILL, \$130/obo; Ab roller, \$10/obo. Call 899-7265 or e-mail to EMGM99@aol.com. (08-13)

WEIGHT SET, 150 lbs. Solid steel plates, from 11/4 lbs. to 25 lbs. All chrome bars: 6-foot straight bar, curl bar, triceps bar, two one-handed barbells, Three pairs of collars, \$85. Call 392-0337. (08-13)

ENTERTAINMENT, MUSIC ITEMS

19" RCA COLOR TV, Very good condition, \$80; Nintendo 64 w/2 controllers, 3 games, all for \$150; Children's desk, \$10. Call 393-9966. (09-10)

GUITAR MUSIC Books and Videos, 43 Musician's song books – Taylor to Beatles to Zeppelin; 11 variety books, country, 60s, 70s; 4 instructions book; 2-volume "Guitar Basics" video set; \$125/obo for all. Call 642-9551. (09-10)

RCA AM/FM double cassette CD player, \$45; JVC VCR, \$20; 9.6V remote controlled cars, \$15; cordless phone, almost new, \$15; computer desk with AST AMD P166+, 32M, 1.2G, 8XCD, Win 95, Epson Printer, \$200. Call 583-0442. (09-10)

JV1000 SYTHESIZER w/MIDI connector, expansion board, and instruction manuals; excellent condition, \$1,200 or \$2,000 w/Peavey MP-4 Mark III Series amp and speakers. Amp and speakers not sold separately. Call 899-1045. (09-10)

DIGITAL SATELLITE system, 18", used 10 months, includes installation kit, dish network programming, \$100. Call Michele at 393-2752. (09-10)

BANDPASS SPEAKER BOX with 2- 10" speakers, 300-watt amp and crossover, \$200; Bandpass speaker box for 2-10" speakers, speakers not included, \$100. Call Josh 899-2552 evenings or e-mail to reimerjt@aol.com. (08-13)

ELECTRIC GUITAR, Charvel, Black Strat; Crate G20CXL Amp; New Korg AXIG "Toneworks" Multiple Effects Rig/Tuner; Boss Training Monitor; all for \$325. Call 642-9551. (08-13)

GOLDSTAR AM/FM cassette player, 4-speaker, tone controls, silver and black, good sound, \$25; Zenith television; 27-inch screen, wood grain cabinet, sharp picture, stereo sound, very good condition, \$195. Call 757-0757 after 6 p.m. (08-13)

COMPUTERS AND ACCESSORIES

COMPAQ PRESARIO 1681, \$2,500; Color Printer, \$300. Both brand new. Call 649-1134. (08-27)

COMPUTER SYSTEM and table, 5-piece, completely overhauled 10 months ago, Macintosh II CX, 12" Apple color hi-resolution monitor, Apple Laserwriter II printer, Apple scanner, U.S. Robotics Sportster, \$400. Call 373-6778. (08-27)

AST LAPTOP computer, plus Cannon bubble jet printer, includes all manuals, \$100. Call 393-1569. (08-27)

WEBTV PLUS, less than 6 months old, Lots of options, Internet, e-mail, TV programming, Valued at \$240 or more at a retail store, Will sell for \$140. Call 657-5565 or e-mail to samskala@aol.com. (08-13)

PACKARD BELL PENTIUM COMPUTER and Canon Bubble Jet printer, \$150; Perfect for home bookkeeping and homework, Lots of software extras. Call 899-7265 or e-mail to EMGM99@aol.com. (08-13)

PRINTER, Panasonic KX-P1123, 24-pin, works great, \$15. Call 375-1392. (08-13)

486 COMPUTER, new 56K modem, two Hard Drives, Monitor included, \$125. Call Josh 899-2552 or e-mail to reimerjt@aol.com. (08-13)

NEW CELERON 300a computer, Fully overclockable to 450, 17-in monitor, 5 Gig, 3D video, 56K, 36x CD, Speakers, Includes HP deskjet color printer, Also have Korean software, \$850/obo. Call 583-0140. (08-13)

POWER MAC G3/333 w/8GB HD and 96MB RAM, Still under warranty. Includes internal ZIP, Voodoo II 3D/12MB card, television tuner, and an external SCSI HD, \$1,400; Assorted Mac software for sale: Office 98, Virtual PC, Visual Page, Norton Utilities and a large number of games such as Quake and Unreal. Price negotiable. Call evenings, 899-3677, and ask for Bob. (08-27)

LOST AND FOUND

LOST: CAT, all-black, neutered male with no front claws, was about 10 lbs., lost 7/23, collar found behind Kalborn Road between Marshall Park and POM Police Station, reward offered, call Melissa at 626-5870. (08-13)

LOST: CAT, named "Jax," Neutered 12-pound black cat with touches of white under chin between front legs, and on back toes. Microchip #2041263445. Missing 7/30/99. Call 899-8653. (08-27)

MISCELLANEOUS

ROLLERBALLS skates with pads, \$35; 2 sets BDUs MR, \$45; Pioneer Speakers, 6x9, \$20. Call 333-3258. (09-10)

POWER WHEELS, 2, both for \$45; 2 Oriental room-size rugs, \$75 each; 2 child's size bikes, 1 girls, 1 boys, \$15 each; 10-speed girls bike, \$15; 4 horseshoes, \$10. Call 583-0442. (09-10)

NIKONOS V underwater camera with SB103 strobe light, 3 lenses and macro setup. Helix hard case holds all accessories. Call 333-1082 or e-mail to PLHPG2@aol.com. (09-10)

FORD CAMPER Shell, good condition, \$200/obo; glass top dining table w/o chairs, \$25. Call 384-9269 after 6 p.m. (09-10)

TRUCK TIRES, 2 Goodyear Wrangler RT/S size LT245/75R16, Like new condition, \$300 per pair/obo. Call 899-3480 evenings or leave message. (09-10)

INFANT CAR SEAT, Gerry brand, Has rocking position when used as a carrier, \$15; Maternity clothes, Disney babies play gym, folding baby tub, activity mat, all for \$10. Call 393-1723. (09-10)

ONKYO STEREO receiver, single disk CD player and turntable \$150. Call 899-2038 anytime. (08-27)

GOLD RINGS, new, 18K, turquoise/red coral, made in Italy, \$150 each. Call 649-1134. (08-27)

GERRY SINGLE JOGGING STROLLER, excellent condition, comes with Gerry rain cover and Gerry padded seat cushion, which is great for smaller babies, \$50. Call 899-9016. (08-27)

COSCO STROLLER w/ attachable carseat/carrier, \$50; diaper genie, used once, \$15; Ab flex, \$10. Call 899-0995. (08-27)

GERRY BABY monitor, \$10/obo; Safety 1st baby bathseat. Call Iris at 392-0335 or leave message. (08-27)

CORDLESS PHONE with answering machine, \$25; Cordless phone with speaker phone, \$25; Little Tykes turtle sandbox, \$15. Call 392-1263. (08-13)

GIRLS DAYBED, w/mattress, white and brass, \$75/obo; pots, pans and dishes; green trench/raincoat ladies size 10, \$25/obo; Female enlisted army uniforms, BDUs, boots, all weather coat, shirts, pants, shoes, all best offer; Large metal dog crate/cage \$50/obo; Sony 27" color TV, \$100/obo. Call 899-7265 or EMGM99@aol.com. (08-13)

MPC TEXTBOOKS for fall semester, Elementary Algebra for MA261, \$40; Social Problems: A Critical Approach for SOC2, \$30; Learning to Look and Syllabus for Art1, \$10 for both; Marriage and the Family for SOCI 40, \$40. Call 394-6582 weekends or after 9 p.m. weeknights. (08-13)

POLICE PATCH COLLECTION, 400 patches, mostly California agencies, 80% framed. Plus more. Individual Police patch sells anywhere from \$4-\$6 a piece. Sell for \$650. Call 384-5053 or e-mail to Danielsj@pom-emh1.army.mil. (08-13)

MALE DRESS BLUES, Coat size 42 Short, Trousers 32w, Worn only once, E-7 Rank, \$150/obo. Call 641-0952. (08-13)

MEN'S SUITS and sports coats, size 42 long, 100% wool, various colors, rarely worn, cost \$200 to \$375 new, \$50 each. Call 757-0757 after 6 p.m. (08-13)

TWIN NURSING PILLOW, used only few times, \$ 25; Diaper Genie, \$13; Medela Mini Electric Breastpump, \$40. Call 392-1513. (08-13)

BASSINET, Kolcraft, royal suite, blue and white polka dot, used only once, excellent condition, \$75/obo. Call 392-0507. (08-13)

GERMAN 8-DAY cuckoo clock, Black Forest house scene, plays edelweis, crafted wooden, weights, music chain is off cog and needs to be reset, in original box and packing, \$325. Call 641-9765. (09-10)

PETS

LOOKING for a good home for 4-year-old calico cat, Spayed, declawed and very well trained. Very affectionate and good with children, never been around other animals, Strictly an indoor cat. Call 583-0140. (09-10)

FREE to good home 7-month-old spayed female black lab, golden retriever mix. Very well behaved, knows some commands, very good with small children. Likes to play and run. Owners are leaving soon, and we can't take her with us. Call 583-0579, leave message. (09-10)

DOG DOOR AND CAGE, Johnson patio panel for sliding glass door, large opening (shepherds, collies, boxers), \$65; Cage 28"x28"x40", with floor pan, folds, not airline approved, \$35. Both in good condition. Call 333-9340. (09-10)

FREE to good home mixed breed dogs. Your choice, 1 mixed lab, 2 mixed terriers, all affectionate and good with children. Call 394-7533. (09-10)

MALE GREEN IGUANA, MUST SELL, 2+ years old, in excellent health. Cage is custom-built w/ Plexiglas & wire for maximum viewing & climbing. Cage fitted with full day / night lighting and ceramic heat lamp, many accessories, \$200/obo. Call 899-3480 evenings or leave message. (09-10)

FREE TO GOOD HOME, Bassett Hound/Boxer mix, 1-year-old neutered male, with some accessories and food. Adorable dog, good with kids, likes to play and be loved. Moving and can't take him with us. Call 393-2425 or e-mail to MsShannonP@aol.com. (09-10)

AQUARIUM, 20-gal, complete w/stand & fish, \$80. Call 583-0140. (08-27)

DOG CARRIERS, two, extra large, 40"L x 27"W, \$75 each. Call George at 394-3755. (08-27)

CARRIER-STYLE Litter Box, \$10. Call 899-0995. (08-27)

FREE to good home, 3 yr old fixed female Brittany spaniel, Great with kids, Very loving and willing to please. Very obedient. High energy dog. Call 899-5153, leave message. (08-13)

GREEN CHEEK CONURE, 1.5 years old, starting to talk, includes cage and accessories. Moving and can't take "Rikki" with us, \$300; 55-gallon acrylic aquarium with stand and extras, \$150. Call Josh 899-2552 evenings or e-mail to reimerjt@aol.com. (08-13)

HOUSEHOLDITEMS

RECLINER, Forrest green, excellent condition, paid \$350, will sell for \$75/obo, Sofa 7' tan striped color, only used for 1 year, \$250/obo. Will sell separately or together for \$300. Call 583-0579. (09-10)

POM-MART

TABLE and 4 carver chairs, 2-leaf oval, \$100; "Bentwood" rocker w/tapestry seat/back, \$20; Bissell carpet shampooer w/2 bottles cleaner, \$40; Xmas cake plate, Mikasa, new, \$30; misc. kitchen items. Call 899-2472. (09-10)

DINETTE with 4 chairs, good condition, \$50; Full-size Mattress with box spring, good condition, \$30. Call 899-2969. (09-10)

OAK DRESSERS, Two, small with 3 drawers each, \$50 for both. Call 333-1082 or e-mail PLHPG2@aol.com. (09-10)

WATER PURIFIER and softener, EcoWater series 3000, Comes with reverse osmosis drinking water system, Have manuals and dealer contacts, Used only two years, Will deliver, \$4,300 new, will sell for \$2,000; Dirt Devil Broom Vac., \$17. Call 641-9765. (09-10)

FUTON, Japanese-style, king size, excellent condition, black. Purchased in Japan, used for guests, \$100/obo. Call Erick or Kathy at 394-3886 and leave message. (09-10)

COMPUTER DESK, Large Solid-Oak, with adjoining printer table, Very good condition, Must see, \$200 firm. Call 899-0806. (09-10)

FREEZER, upright, 20 sq. ft, 110 volts, heavy duty, commercial quality, each of 4 shelf racks is a refrigeration coil, shelves in door, almost new condition, \$500. Call 333-9340. (09-10)

RUGS, two 6.5 x 5.5 ft., pattern with rose, black, gray and off-white, each \$20 and one round with similar colors \$15. Call 393-2517. (09-10)

ELECTRIC DRYER, Basic Kenmore, large capacity, white, \$50. Available after Sept. 25. Call 899-3677 evenings and ask for Cheryl or Bob. (09-10)

GRACO stroller, adjustable mint green and white, with four doubled wheels, breaks on all four wheels, storage compartment underneath, Great condition, \$25; 2-door tool box for small pick-up w/keys; like new, \$30. Call 583-0682. (09-10)

CABINET, standing, 6 1/2 foot, rosewood veneer, versatile, can be used as bar, bookcase or desk, with drawers, shelves, lights, mirrors, leather writing surface, \$170; Brass candlesticks, two, 3 ft. high, \$60 each or \$100 for pair. Call 373-6778. (08-27)

DISPLAY CASE, 6 ft., white/pine, \$75; 2-person dinette set, \$50; burnt orange overstuffed chair, \$15; small handheld breast pump, battery or A/C, \$10. All prices negotiable. Call 583-9193. (08-27)

MATCHING CARPETS, one 12-ft. x 6-ft., blue and lt. blue, \$65; one 12-ft. x 10-ft., blue and lt. blue, \$80. Call George at 394-3755. (08-27)

REFRIGERATOR, Whirlpool top mount, 20.4 cu ft, used for 6 months, excellent condition, paid \$700, will sell for \$390. Call 393-1569. (08-27)

CHAIR, Big dark wooden framed, \$35; Small wooden bookshelf, \$25; Wooden and Wicker Rocking Chair, \$50; Cappuccino Machine, \$25. Call 899-0995. (08-27)

WHIRLPOOL DISHWASHER, roll-away type, white with cutting board top, one year old, \$200/obo. Call 394-1982 or e-mail to randypugh@hotmail.com. (08-27)

SOFA and Loveseat set, dark blue color, \$300. Call 883-1926. (08-13)

LAZBOY RECLINER, beige, \$150; Sofa, pink and green stripes, \$250; coffee table, brass and glass, \$75; Bissell carpet cleaner, \$75; two Chinese vases, pink and flowers, 24 inches high, \$75. Call 899-5031 after 5 p.m. (08-13)

WATERBED, Hibernation Series queen size, heavy oak frame with cabinets and shelves, dresser underneath, \$250/obo. Call 583-0579 if no answer, leave message. Must sell leaving soon. (08-13)

DINNETE SET, table and 4 chairs, good condition, \$45; Wardrobe Organizer, never used, for closets 3-5 feet wide, \$30. Call 375-1392. (08-13)

SOFA, 6', wood structure, beautiful pattern, \$130. Call 392-1513. (08-13)

GRACO STROLLER, heavy duty, 1 year old, in excellent condition. Cost \$145, will sell for \$70. Call 392-0730. (08-27)

To place an ad in the Community News, complete the form below and deliver it to the Public Affairs Office, Building 614, Room 142, Presidio of Monterey, 93944. If sending ad via e-mail, be sure to include all information requested below. Daytime work telephone numbers are for use by Community News staff only; they will not be listed in ads. Individuals may place up to three ads in different categories per issue. Each ad **should not exceed 35 words**; itemized property for sale should be **valued at least \$10**.

Name	Rank / Grade	Unit / Organization	Daytime Phone
Circle one: Autos	Motorcycles	Trucks, Vans, Sport, RVs	Wanted
Computers and Accessories	Lost and Found	Miscellaneous	Pets
		Sports Equipment	Entertainment, Music Items
		Household Items	

Ad to publish: _____
